

Self Neglect Multi-Agency Checklist

Safeguarding Adults Board

This document is for guidance purposes and to be used to prompt discussion with the person and support multi-agency professional planning and decision-making. The document can be used as an ongoing risk assessment tool and should be used when deciding on the appropriate action to take.

The following scale is not exhaustive but allows the professionals to consider the observed living conditions of the person.

The score is for assessment purposes only and may be re-visited at any time to measure progress and prompt discussion with the person and other professionals.

When using the risk tool below, consider whether the person has the mental capacity to understand the risk associated with their living condition. Also consider if the person has capacity to execute changes to reduce the risk.

Please note: Whilst an aid to decision making, it is essential to recognise that the use of the key indicator list and risk assessment and referral tool are not eligibility mechanisms in their own right.

There should always be the overlay of a sensitive application of professional judgement.

Professionals Details

Date:	
Name of person completing:	
Organisation:	
Contact Details:	

Details of individual at risk

Name:		Date of Birth:	
Address:		Telephone Number:	
Others at address:		Dependants	Yes/No

Has the individual consented to the completion of this checklist? Yes/No

If No:

Has a mental capacity assessment been completed?	Yes/No Date of capacity assessment: Outcome:	Is the individual aware that concerns will be shared with appropriate agencies?	Yes/No
Is the checklist being completed in the Best Interest of the individual?	Yes/No Date of Best Interest Decision:	Is there a risk to anyone other than the individual named?	Yes/No Details:

Dependant Details (please include any adults or children):

	Name	Address	Date of Birth
Dependant 1			
Dependant 2			
Dependant 3			
Dependant 4			

Agencies who are involved with the individual (if known):

Name	Contact Details

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



Physical Wellbeing and Medication		
Risk Level	Indicating Factors	Y/N
No Identified Risk	The individual is accepting health interventions	
	The individual is taking medication as prescribed	
	No concerns about dehydration or weight loss	
	No evidence of infection/ diarrhoea/ vomiting/ other which are impacting on health or wellbeing	
	No evidence of untreated skin conditions such as ulcers or sores	
Low risk	Sporadic acceptance of healthcare intervention- no identified impact on health or wellbeing.	
	Sporadic taking of prescribed medication- no identified impact on health or wellbeing.	
	The individual is not consistently eating and some evidence of dehydration/weight loss not impacting health or wellbeing.	
	Some evidence of infection /diarrhoea /vomiting /other not impacting health or wellbeing.	
	Some evidence of untreated skin conditions such as ulcers or sores not impacting health or wellbeing.	
Medium Risk	Sporadic acceptance of healthcare intervention which is having a negative impact on their health or wellbeing.	
	Sporadic taking of prescribed medication which is having a negative impact on the individual's health or wellbeing.	
	The individual is not consistently eating and some evidence of dehydration/weight loss which is having a negative impact on their health or wellbeing.	
	Some evidence of infection/diarrhoea/vomiting/ which is having a negative impact on their health or wellbeing	
	Some evidence of untreated skin conditions such as ulcers, skin sores etc. which is having a negative impact on their health or wellbeing	
High Risk	The individual is declining healthcare intervention which is compromising and impacting on their health or wellbeing resulting in significant or life-threatening harm.	
	The individual is refusing to take prescribed medication which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Evidence of significant dehydration/weight loss which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Evidence of infection/diarrhoea/vomiting/other which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Evidence of untreated skin conditions such as ulcers, skin sores etc. which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
Details:		

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



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Mental Health or wellbeing		
Risk Level	Indicating Factors	Y/N
No Identified Risk	No concerns regarding mental health	
	The individual is accepting health/support services	
	The individual is attending health/support appointments	
	The individual is taking medication as prescribed	
Low risk	Attendance at health/other appointments is sporadic - no identified impact on their health or wellbeing.	
	Sporadic engagement with support services - no identified impact on their health or wellbeing.	
	Not consistently taking medication as prescribed – no identified impact on health or wellbeing.	
Medium Risk	Some concerns regarding mental health which is having a negative impact on their health or wellbeing	
	Attendance at health/other appointments is sporadic which is having a negative impact on their health or wellbeing	
	Sporadic engagement with support services which is having a negative impact on their health or wellbeing	
	Not consistently taking medication as prescribed which is having a negative impact on their health or wellbeing	
High Risk	Concerns regarding mental health which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Attendance at health/other appointments is sporadic which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Sporadic engagement with support services which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Not consistently taking medication as prescribed which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Risk of Mental Health Crisis as a result of self-neglect where there is significant risk of harm to self or others.	
Details:		

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



Managing and Maintaining Nutrition		
Risk Level	Indicating Factors	Y/N
No Identified Risk	The individual is aware of own nutritional needs and is able to manage and maintain nutritional needs independently.	
	No evidence of weight loss/weight gain	
	Kitchen space is uncluttered, and the environment is kept clean	
	Kitchen appliances suitable to persons needs are being used as and when required	
Low risk	The individual has some awareness of nutritional needs - no identified impact on their health or wellbeing.	
	Some evidence of weight loss/weight gain (consider health related issues). No identified impact on their health or wellbeing.	
	Kitchen space is becoming cluttered and evidence that the person is not able to keep the environment clean. No identified impact on their health or wellbeing .	
	No usable appliances such as fridge freezer, cooker, microwave, kettle, toaster etc. No identified impact on their health or wellbeing.	
	Food sometimes is not a priority compared to Alcohol or drugs which results in missing meals and or not having food available.	
Medium Risk	The individual has some awareness of nutritional needs, can access some food but this can be inconsistent which is having a negative impact on their health or wellbeing	
	Some evidence of weight loss/weight gain (consider health related issues) which is having a negative impact on their health or wellbeing	
	Kitchen space is becoming cluttered and evidence that the person is not able to keep the environment clean which is having a negative impact on their health or wellbeing	
	No usable appliances such as fridge, freezer, cooker, microwave, kettle, toaster etc. which is having a negative impact on their health or wellbeing	
	Food regularly is not a priority compared to Alcohol or drugs which results in missing meals and or not having food available.	
High Risk	Evidence that food and drink is not a priority which is leading to concerns such as dehydration/malnutrition/significant weight loss etc. which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	No evidence of food in the property or evidence of mouldy and out of date food items which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Kitchen area is not usable due to unsanitary conditions or clutter which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	The individual is not able to use appliances (or no useable appliances) such as fridge, freezer, cooker, microwave, kettle and toaster independently and refuses support which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Food is rarely a priority compared to Alcohol or drugs which results in missing meals and or not having food available	
Details:		

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



Personal Hygiene		
Risk Level	Indicating Factors	Y/N
No Identified Risk	The individual is maintaining their personal hygiene and toileting needs	
	The individual is appropriately clothed for the weather. For example, the person is clean, bathed and groomed regularly with clean, weather appropriate clothes	
	No identified risk to people providing support or services	
Low risk	The individual is unable to maintain regular personal hygiene - no identified impact on their health or wellbeing.	
	The individual is wearing inappropriate clothing for the weather - no identified impact on their health or wellbeing.	
	Maintaining toileting needs is sporadic some evidence of faecal matter and urine - no identified impact on their health or wellbeing.	
	Some identified risk to people providing support or services because of individual's ability to meet toileting needs – no identified impact on their health or wellbeing.	
Medium Risk	Is unable to maintain regular personal hygiene which is having a negative impact on their health or wellbeing	
	The individual is wearing inappropriate clothing for the weather which is having a negative impact on their health or wellbeing	
	Limited number of clothes available to change them according to the weather and or wash them.	
	Maintaining toileting needs is sporadic some evidence of faecal matter and urine which is having a negative impact on their health or wellbeing	
	Evidence of faecal matter and urine which is having a negative impact on the health or wellbeing of others including people providing support or services	
High Risk	Consistently fails to maintain personal hygiene which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Wearing clothes inappropriate for the weather which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	No change of clothes available to change them according to the weather and or wash them.	
	Maintaining toileting needs is sporadic some evidence of faecal matter and urine which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
	Evidence of faecal matter and urine which is compromising and impacting on their health or wellbeing and resulting in significant or life-threatening harm	
Details:		

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



Home Environment		
Risk Level	Indicating Factors	Y/N
No Identified Risk	Property is well maintained, usable and safe. The individual has full access to bathroom and kitchen appliances	
	Amenities such as heating, electricity and water are all usable and in fully working order	
	Organisations with an interest in the property, for example, staff working for utility companies, housing services etc. have full access as required	
	No evidence of infestations such as rats, vermin, flies, maggots etc	
	Animals in the property are well cared for and are not a concern for the individual	
Low risk	Some evidence of neglecting household maintenance with no identified impact on health, wellbeing and safety .	
	Amenities such as heating, electricity and water may show signs of needing some maintenance or repair, no identified impact on their health or wellbeing .	
	Evidence of low level hoarding- refer to clutter scale	
	Not consistently allowing access to other organisations with an interest in the property, for example, staff working for utility companies, housing services etc. with no identified impact on their health or wellbeing .	
Medium Risk	Evidence of neglecting household maintenance and therefore creating hazards which is having a negative impact on their health or wellbeing	
	Utilities need maintaining which is having a negative impact on the health or wellbeing of the individual.	
	Evidence of moderate hoarding- refer to clutter scale	
	Refusing to allow access to other organisations with an interest in the property, for example, staff working for utility companies (water, gas, electricity), housing services etc., which is having a negative impact on their health or wellbeing	
	Some evidence of infestations such as rats, vermin, flies, maggots etc. which is having a negative impact on their health and wellbeing (Contact Environmental Health)	
	Failure to meet animal(s) needs which is having an impact on the individual's health or wellbeing (Contact RSPCA for advice 0300 1234999)	
	Homeless but using services / hostels to prevent from sleeping rough	
High Risk	Evidence of infestations such as rats, vermin, flies, maggots etc. which could compromise and impact on the individual's health or wellbeing and result in significant or life-threatening harm (Contact Environmental Health)	
	Risk of fire which could compromise health or wellbeing of the individual and result in significant or life threatening harm.	
	Failure to meet animal(s) needs which is compromising and impacting on the individual's health or wellbeing and result in significant or life threatening harm	
	Living areas are not usable due to unsanitary conditions or clutter which is compromising and impacting on the individual's health or wellbeing and result in significant or life-threatening harm.	
	Neglecting household maintenance to the extent that the property becomes dangerous which is compromising and impacting on the health or wellbeing of the individual or another person visiting, (including people providing support or services). The extent of which may result in significant or life-threatening harm.	
	Homeless, sleeping rough and impacting on their safety	
Details:		

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



Financial Wellbeing		
Risk Level	Indicating Factors	Y/N
No Identified Risk	The individual is able to manage their own finances	
	The individual has no difficulty in identifying and claiming benefits	
	No identified risk to people providing support or services	
Low risk	The individual is finding it hard to cope with finances and may require support but not impacting on wellbeing	
	The individual requires some support in identifying and applying for any benefits that they may be entitled to.	
Medium Risk	The individual is finding it increasingly hard to cope with finances and requires support as it is impacting on wellbeing	
	The individual requires significant support in identifying and applying for any benefits that they may be entitled to	
	The individual makes unwise financial decisions but not impacting significantly.	
High Risk	The individual is unable to cope with finances, requires support as it is having a significant impacting on their wellbeing	
	No current income and at extreme risk of exploitation	
	The individual makes unwise financial decisions and impacting significantly on ability to pay bills and buy food	
Details:		

Not all sections of the checklist require completing, only those relevant to the person's circumstances.



Summary

Please mark x below to indicate highest level of risk recorded

	No indicators higher than low risk
	No indicators higher than medium risk
	ANY of the indicators are of HIGH RISK

Following completion of the checklist, a lead agency must be identified to coordinate the oversight. The agency completing the checklist is the identified lead agency, and where a MARM is required, they are responsible for the arrangement of the initial MARM meeting. Should it be recognised that they are not the most appropriate agency to lead further meetings they will continue to act as the lead agency until a formal handover has been agreed at a MARM meeting.

Agency Completing Checklist:	
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Further comments/Decision Making Rationale

Next steps should be guided by the decision-making framework set out in the flowchart (below), and all actions taken should reflect the pathways and criteria outlined in the accompanying table.

Action to be Taken	By Whom	Deadline

Not all sections of the checklist require completing, only those relevant to the person's circumstances.

In an Emergency, consider relevant support – Police, Ambulance or Fire

Concern that an Adult with Care and Support needs is at risk of self-neglect

Professional/Agency speaks to person if appropriate and uses Multi-Agency Self-Neglect Risk Assessment to assist with considering level of risk.

If Mental Capacity is in doubt, complete a mental capacity assessment and progress in best interests.

Green (no risk/low risk) in all domains.
Continue with your agency intervention as appropriate and continue to monitor changes in risk indicators. Offer advice, support and signposting as appropriate.

Consider review 6-weekly to monitor level

Review as agreed in the MARM meeting, to monitor level of risk and continue with MARM Response.

Amber (medium risk) but NO red (high risk) in any domain.

Lead Agency holds a MARM meeting with the person at the centre and all relevant parties (and/or carers) to determine levels of risk and agree self-neglect support plan. MARM to consider if S42 criteria is met.

Review as agreed in the MARM meeting, to monitor level of risk and continue with MARM Response.

Red (High risk) in any domain, lead agency to hold MARM meeting.

Lead Agency holds a MARM meeting with the person at the centre and all relevant parties (and/or carers) to determine levels of risk and agree self-neglect support plan. MARM to consider if S42 criteria is met.

Review as agreed in the MARM meeting, to monitor level of risk and continue with MARM Response.

Not all sections of the checklist require completing, only those relevant to the person's circumstances.